



**FITNESS BIKES**  
FOR THE HOME

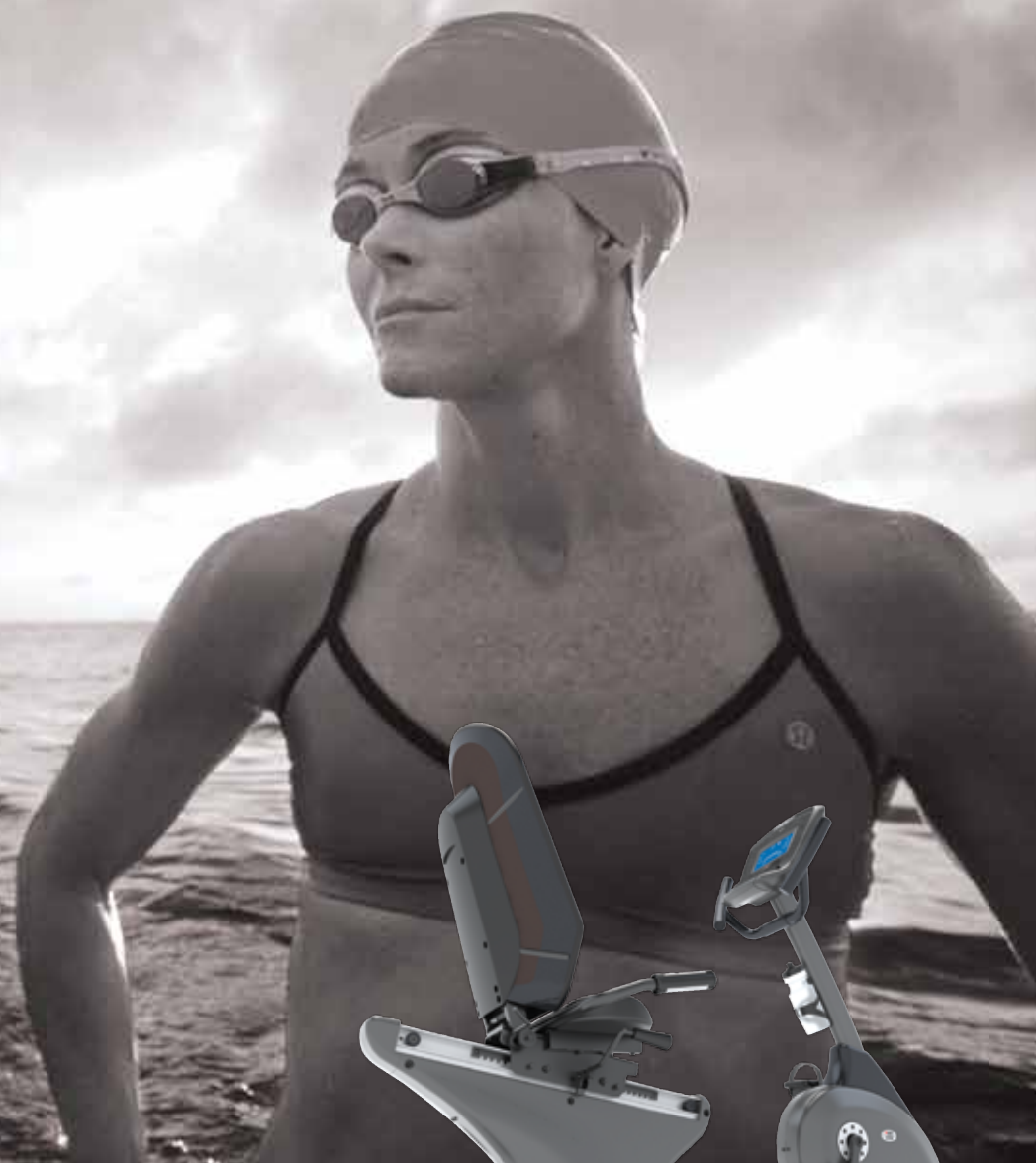
2011



go with confidence™

be confident in yourself,  
in your vision, and in the  
products that can get  
you there. Vision Fitness...

go with  
**confidence™**



Our company began as a division of Trek® Bicycle Company over 15 years ago, where we pioneered the development of the best fitness bikes in the industry. Today, as part of Johnson Health Tech NA, one of the largest fitness equipment companies in the world, we stay true to our heritage and offer the best quality, value, and customer service you will find.



## awards & media

Vision Fitness® products are recognized with more “best buy” awards than any other fitness brand. Below is a list of these award-winning products:

<b>T9200</b>	Platform Treadmill	February 2011
<b>X20</b>	Elliptical Trainer	February 2010
<b>T9250</b>	Folding Treadmill	February 2010
<b>T9200</b>	Platform Treadmill	February 2010
<b>T9200</b>	Platform Treadmill	February 2008
<b>T9200</b>	Platform Treadmill	February 2007
<b>R2250HRT</b>	Semi-Recumbent Fitness Bike	Health Magazine - Jan./Feb. 2007
<b>R2250HRT</b>	Semi-Recumbent Fitness Bike	February 2007
<b>E3200HRT</b>	Upright Fitness Bike	February 2007
<b>T9500</b>	Platform Treadmill	February 2006
<b>T9200</b>	Platform Treadmill	February 2006
<b>E3200HR</b>	Upright Fitness Bike	BBC Focus U.K. - January 2006
<b>E3100</b>	Upright Fitness Bike	Men's Fitness U.K. - March 2005
<b>X6100</b>	Folding Elliptical Trainer	Health Magazine - Jan./Feb. 2005
<b>T9200</b>	Platform Treadmill	January 2005
<b>X6200HRT</b>	Folding Elliptical Trainer	Which? Magazine U.K. - August 2004
<b>E3000</b>	Upright Fitness Bike	February 2004
<b>T9200</b>	Platform Treadmill	January 2004
<b>T9200</b>	Platform Treadmill	May 2003
<b>R2000</b>	Semi-Recumbent Fitness Bike	Consumers Guide
<b>X6200</b>	Folding Elliptical Trainer	Jan./Feb. 2001
<b>R2200</b>	Semi-Recumbent Fitness Bike	Jan./Feb. 2001
<b>X6200</b>	Folding Elliptical Trainer	Sept./Oct. 1998
<b>R2200</b>	Semi-Recumbent Fitness Bike	Sept./Oct. 1998
<b>E4100</b>	Dual-Action Upright Fitness Bike	Sept./Oct. 1998
<b>E3200</b>	Upright Fitness Bike	Sept./Oct. 1998
<b>E4100</b>	Dual-Action Upright Fitness Bike	Nov./Dec. 1997
<b>R2200</b>	Semi-Recumbent Fitness Bike	Nov./Dec. 1996
<b>R2200</b>	Semi-Recumbent Fitness Bike	Sept./Oct. 1995



### Prevention, January 2011 R1500 Simple

“Pedal off pounds pain free with the Vision Fitness R1500 bike. There’s no hunching over handlebars on this recumbent ride, and the cushioned lumbar supported seat is so comfy, you may not want to get off.”



### Fitness Professor Review, November 2010 “Head of the Class” R2050 Deluxe

“Step thru design, 21-lb. flywheel, 20 levels of resistance, 7 preset programs, contact heart rate, deluxe blue back-lit LCD display and comfort arc seat make this a great recumbent.”



### Prevention, January 2008 R2050

“There’s no hunching over with this recumbent design. The large seat is easy to get into and out of and provides lumbar support so you can work out longer without aggravating back pain.”



### Health, January/February 2007 R2250

“The step-through frame is just one of the comfort features on this body-friendly ride. Add the reclining seat, adjustable lumbar control, and 28 seat positions, and you might find yourself riding longer than you’d planned.”

## Additional Awards & Recognition



E1500 Simple



R2050 Premier



E4000 Upright Bike



Leading Consumer Magazine 2007  
Best Buy for E3200 Upright Bike  
Best Buy for R2250 Semi-Recumbent Bike

## smooth

Vision Fitness® bikes provide years of maintenance-free performance without jarring or jerking, keeping your focus where it needs to be—on your goals. We pioneered the friction-free magnetic resistance system with no wearing parts for maximum performance and durability. Combine this system with our optimally-weighted flywheel, and you get the smoothest resistance system available. When the resistance level is changed on the console (even in the middle of a workout), the transitions are smooth, gradual, and fluid.

We build our bikes from the ground up and specify premium parts, such as sealed roller bearings, to ensure top quality. Vision Fitness will not cut corners, which is why we are the leader in the fitness bike industry.



Friction-free magnetic resistance and large Poly-V belts make our bikes exceptionally smooth and quiet.

## quiet

Many people read a magazine or watch TV while working out on a piece of home fitness equipment. They may work out in the early morning or late evening and do not want to disturb others. Knowing this, Vision Fitness developed our Quiet-Glide™ drive technology to ensure an extra-quiet workout.

The large eight-ribbed Poly-V belts on our 200 Series bikes give our products a competitive advantage. The larger surface area puts less tension on the belt, producing less noise and resulting in a longer lifespan of not only the belt but the entire drive system.

## comfortable

At Vision Fitness, we add features specifically to help you achieve your goals. A bike's seat is your primary contact point and, because of this, we have always set comfort of the seat as a top priority. Our Comfort Arc™ seats, with body-contoured foam and free range of motion, will have you smiling for miles. They are designed to fit the majority of the population and are considered the most comfortable in the fitness industry. Our upright seats have a cutout in the nose to reduce pressure on soft tissue areas.



Comfort Arc™ mesh reclining seat (found on the R2250)

Our semi-recumbent seats offer lumbar support, and the seat bottoms include two sets of mounting holes so the seat can be adjusted to the perfect position for you.

## get exactly what you want

Vision Fitness configured our upright and semi-recumbent bike frames so that they can be matched with any of our three console options. Simply choose the console that meets your needs, and add it to the frame that offers what you want. The result is the perfect bike for you!

R22250



### 1 choose your console

Key features found on all Vision Fitness® home bike consoles:

- quick start button allows you to simply press and go
- resistance level, RPM, time, distance, heart rate, calories, and watts readouts
- integrated reading rack
- program profile display illustrates the resistance level and how much of the workout is complete
- easy-to-read LCD display
- preset programs

SIMPLE	DELUXE	PREMIER
		
<ul style="list-style-type: none"> <li>• LCD screen</li> <li>• 7 programs</li> <li>• easy operation</li> <li>• 16 levels of resistance</li> <li>• contact heart rate</li> </ul>	<ul style="list-style-type: none"> <li>• blue backlit LCD screen</li> <li>• 8 programs</li> <li>• scrolling message bar</li> <li>• 20 levels of resistance</li> <li>• telemetric &amp; contact heart rate</li> </ul>	<ul style="list-style-type: none"> <li>• advanced full-color LCD screen</li> <li>• 4 background scenes &amp; 10 personal photos with slideshow</li> <li>• 22 programs, including acclaimed SPRINT 8® workout</li> <li>• USB port for easy workout tracking</li> <li>• telemetric &amp; contact heart rate</li> <li>• DVD-compatible A/V ports</li> </ul>

## 2 select your frame

Key features found on all Vision Fitness® home bike frames:

- front transport wheels allow easy movement
- premium sealed roller bearings keep bikes operating smoothly and quietly
- handlebars come with contact heart rate sensors
- Comfort Arc™ seats are considered the most comfortable seats in the industry
- three-piece cranks provide increased durability and a smooth feel

### R1500

semi-recumbent



### R2050

semi-recumbent



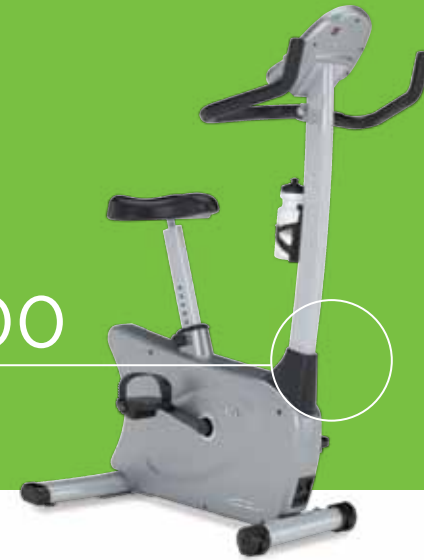
### R2250

semi-recumbent



### E1500

upright



### E3200

upright



- ECB magnetic resistance
- supersilent poly-v belt
- 21-lb. balanced flywheel
- Comfort Arc™ seat w/lumbar support
- 2-year parts/electronics warranty

- ECB magnetic resistance & step-thru frame
- supersilent poly-v belt
- 21-lb. balanced flywheel
- Comfort Arc™ seat w/lumbar support
- 3-year parts/electronics warranty

- ECB-Plus™ magnetic resistance & step-thru frame
- Quiet-Glide™ supersilent poly-v belt
- 24-lb. balanced flywheel
- Comfort Arc™ Mesh seat w/recline
- home & corporate warranties

- ECB magnetic resistance
- supersilent poly-v belt
- 21-lb. balanced flywheel
- Comfort Arc™ upright seat
- 2-year parts/electronics warranty

- ECB-Plus™ magnetic resistance
- Quiet-Glide™ supersilent poly-v belt
- 24-lb. balanced flywheel
- Comfort Arc™ upright seat & armrests
- home & corporate warranties

## 3 the perfect bike for you





feature	premier	deluxe	simple
<b>console and programs</b>	advanced full-color LCD screen, 6 user log-in profiles, 4 background scenes & 10 personal photos with slideshow, 8 classic programs (including SPRINT 8®), 5 custom programs, 3 HRT® programs, 3 goal programs, 10K, 20K, 30K Places-to-Go	blue backlit LCD screen, SPRINT 8®, manual, intervals, fat burn, mountain, random, watts, target heart rate	LCD screen, manual, muscle toner, intervals, fat burn, incline, rolling hills, mountain
<b>console feedback</b>	speed, distance, time, resistance, heart rate, calories, RPM, % heart rate	speed, distance, time, resistance, heart rate, calories, RPM, % heart rate	watts, distance, time, heart rate, calories, RPM, program, level
<b>heart rate</b>	telemetric & contact	telemetric & contact	contact
<b>extras</b>	DVD-compatible A/V ports, USB port for easy workout tracking, training calendar, telemetric HR strap, integrated reading rack	telemetric HR strap, integrated reading rack	integrated reading rack
<b>program levels</b>	20	20	16

## big results in little time

Fit in a workout anytime with our SPRINT 8® program, medically proven to give you the best 20-minute workout possible. This unique program, found exclusively on Vision Fitness® products, was developed with Phil Campbell, MS, MA, and author of *Ready, Set, Go! Synergy Fitness*. Mr. Campbell is an expert in the field of anaerobic exercise, which has been cited by numerous medical publications as the cure for the “middle-age spread” or the energy decline, weight-gain, loss of muscle, and wrinkled skin we experience after age 30.



feature	R2250 semi-recumbent	R2050 semi-recumbent	R1500 semi-recumbent
<b>resistance system</b>	ECB-PLUS™ motor-operated permanent magnet	motor-operated ECB	motor-operated ECB
<b>drive train</b>	QUIET-GLIDE™ supersilent poly-v belt	supersilent poly-v belt	supersilent poly-v belt
<b>flywheel</b>	24 lbs. balanced	21 lbs. balanced	21 lbs. balanced
<b>seat</b>	COMFORT ARC™ mesh w/ recline	COMFORT ARC™ w/ lumbar support	COMFORT ARC™ w/ lumbar support
<b>seat rail/post</b>	aluminum, 28 positions	sandblasted steel	sandblasted steel
<b>handlebars</b>	extended console & seat w/ contact heart rate	console & seat w/ contact heart rate	console & seat w/ contact heart rate
<b>pedals</b>	self-balancing w/ easy-adjust straps	self-balancing w/ easy-adjust straps	self-balancing w/ easy-adjust straps
<b>power</b>	plug-in	plug-in	plug-in
<b>home warranty*</b>	lifetime frame lifetime magnetic brake 3 years electronics/parts 1 year labor	lifetime frame lifetime magnetic brake 3 years electronics/parts 1 year labor	lifetime frame lifetime magnetic brake 2 years electronics/parts 1 year labor
<b>limited corporate warranty*</b>	up to 3 hours of use/day 1 year frame 1 year magnetic brake 1 year electronics/parts 1 year labor	none	none
<b>dimensions</b>	67"l x 26"w x 53"h	62"l x 26"w x 50"h	57"l x 27"w x 47"h
<b>product weight</b>	150 lbs.	150 lbs.	102 lbs.
<b>max. user weight</b>	300 lbs.	300 lbs.	300 lbs.
<b>upgrades from previous model</b>	UPGRADES FROM R2050 reclining mesh seat, extended console handlebar, ECB-PLUS™ resistance system, QUIET-GLIDE™ drive, heavier flywheel, corporate warranty	UPGRADES FROM R1500 step-thru access, heavier gauge steel frame, longer seat rail, warranty	UPGRADES FROM SPORTING GOODS PRODUCTS bottom support tube on frame, COMFORT ARC™ seat, heavy gauge frame, supersilent poly-v belt, three-piece crank, warranty

Learn more about the body-fat-cutting, muscle-toning, anti-aging benefits of SPRINT 8 at [www.visionfitness.com](http://www.visionfitness.com).

feature	E4000 dual-action
<b>console and programs</b>	LCD DISPLAY W/LARGE FEEDBACK WINDOW no programs
<b>console feedback</b>	RPM, calories, distance, time
<b>heart rate</b>	none
<b>program level</b>	Indexed
<b>resistance system</b>	ECB cable-operated, permanent magnet
<b>drive train</b>	chain & poly-v belt
<b>flywheel</b>	16.5 lbs. balanced
<b>seat</b>	COMFORT ARC™ upright
<b>seat post</b>	steel
<b>handlebars</b>	multi-position
<b>pedals</b>	double-sided strapless
<b>power</b>	2 AA battery
<b>home warranty*</b>	lifetime frame lifetime magnetic brake 2 years electronics/parts 1 year labor
<b>limited corporate warranty*</b>	up to 3 hours of use/day 1 year frame 1 year magnetic brake 1 year electronics/parts 1 year labor
<b>dimensions</b>	43"l x 25"w x 53"h
<b>product weight</b>	97 lbs.
<b>max. user weight</b>	300 lbs.
<b>upgrades from previous model</b>	UPGRADES FROM POPULAR AIR BIKE adjustable magnetic resistance, COMFORT ARC™ seat, quieter workout, heavy gauge frame

feature	E3200 upright	E1500 upright
	ECB-PLUS™ motor-operated permanent magnet	motor-operated ECB
	QUIET-GLIDE™ supersilent poly-v belt	supersilent poly-v belt
	24 lbs. balanced	21 lbs. balanced
	COMFORT ARC™ upright	COMFORT ARC™ upright
	steel	steel
	multi-position w/ armrests & contact heart rate	multi-position w/ contact heart rate
	self-balancing w/ easy-adjust straps	self-balancing w/ easy-adjust straps
	plug-in	plug-in
	lifetime frame lifetime magnetic brake 3 years electronics/parts 1 year labor	lifetime frame lifetime magnetic brake 2 years electronics/parts 1 year labor
	up to 3 hours of use/day 1 year frame 1 year magnetic brake 1 year electronics/parts 1 year labor	none
	41"l x 26"w x 56"h	40"l x 26"w x 50"h
	104 lbs.	82 lbs.
	300 lbs.	300 lbs.
	UPGRADES FROM E1500 QUIET-GLIDE™ drive, heavier frame, ECB-PLUS™ resistance system, heavier flywheel, warranty	UPGRADES FROM SPORTING GOODS PRODUCTS COMFORT ARC™ seat, heavy gauge frame, supersilent poly-v belt, three-piece crank, warranty

feature	V-SERIES indoor cycle
<b>frame</b>	steel frame w/ zinc oxide polyester powder coating
<b>seat post &amp; handlebar stem</b>	stainless steel pop pin wedge design to lock in desired height
<b>drive train</b>	multi-ribbon belt drive
<b>bottom bracket</b>	2 large oversized SKF bearings for increased longevity
<b>resistance system</b>	friction brake w/ microadjustable knob & emergency stop
<b>flywheel</b>	high inertial, 40 lbs.
<b>cranks</b>	heat treated high carbon steel
<b>pedals</b>	standard alloy pedals
<b>handlebars</b>	5 hand positions w/ microadjustable fore/aft slider
<b>seat</b>	ergonomic cycling saddle
<b>dimensions</b>	56"l x 21.25"w x 43"h
<b>product weight</b>	108 lbs.
<b>maximum user weight</b>	290 lbs.
<b>standard features</b>	water bottle cage
<b>warranty (limited home use)</b>	5 years frame, 2 years parts, 1 year labor, 6 month wear items
<b>warranty – commercial</b>	5 years frame, 2 years parts, 1 year saddle, 1 year labor wear items: pedal straps & bottle holder excluded from warranty

Computer is sold separately.

\* Refer to [www.visionfitness.com](http://www.visionfitness.com) for complete Warranty details. All product specifications are subject to change.

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