



**ELLIPTICALS**  
FOR THE HOME

2011



go with confidence™

be confident in yourself,  
in your vision, and in the  
products that can get  
you there. Vision Fitness...

go with  
**confidence**<sup>™</sup>



Our company began as a division of Trek® Bicycle Company over 15 years ago, where we pioneered the development of the best fitness bikes in the industry. Today, as part of Johnson Health Tech NA, one of the largest fitness equipment companies in the world, we stay true to our heritage and offer the best quality, value, and customer service you will find.



## awards & media

Vision Fitness® products are recognized with more “best buy” awards than any other fitness brand. Below is a list of these award-winning products:

<b>T9200</b>	Platform Treadmill	<b>February 2011</b>
<b>X20</b>	Elliptical Trainer	<b>February 2010</b>
<b>T9250</b>	Folding Treadmill	<b>February 2010</b>
<b>T9200</b>	Platform Treadmill	<b>February 2010</b>
<b>T9200</b>	Platform Treadmill	<b>February 2008</b>
<b>T9200</b>	Platform Treadmill	<b>February 2007</b>
<b>R2250HRT</b>	Semi-Recumbent Fitness Bike	<b>Health Magazine - Jan./Feb. 2007</b>
<b>R2250HRT</b>	Semi-Recumbent Fitness Bike	<b>February 2007</b>
<b>E3200HRT</b>	Upright Fitness Bike	<b>February 2007</b>
<b>T9500</b>	Platform Treadmill	<b>February 2006</b>
<b>T9200</b>	Platform Treadmill	<b>February 2006</b>
<b>E3200HR</b>	Upright Fitness Bike	<b>BBC Focus U.K. - January 2006</b>
<b>E3100</b>	Upright Fitness Bike	<b>Men's Fitness U.K. - March 2005</b>
<b>X6100</b>	Folding Elliptical Trainer	<b>Health Magazine - Jan./Feb. 2005</b>
<b>T9200</b>	Platform Treadmill	<b>January 2005</b>
<b>X6200HRT</b>	Folding Elliptical Trainer	<b>Which? Magazine U.K. - August 2004</b>
<b>E3000</b>	Upright Fitness Bike	<b>February 2004</b>
<b>T9200</b>	Platform Treadmill	<b>January 2004</b>
<b>T9200</b>	Platform Treadmill	<b>May 2003</b>
<b>R2000</b>	Semi-Recumbent Fitness Bike	<b>Consumers Guide</b>
<b>X6200</b>	Folding Elliptical Trainer	<b>Jan./Feb. 2001</b>
<b>R2200</b>	Semi-Recumbent Fitness Bike	<b>Jan./Feb. 2001</b>
<b>X6200</b>	Folding Elliptical Trainer	<b>Sept./Oct. 1998</b>
<b>R2200</b>	Semi-Recumbent Fitness Bike	<b>Sept./Oct. 1998</b>
<b>E4100</b>	Dual-Action Upright Fitness Bike	<b>Sept./Oct. 1998</b>
<b>E3200</b>	Upright Fitness Bike	<b>Sept./Oct. 1998</b>
<b>E4100</b>	Dual-Action Upright Fitness Bike	<b>Nov./Dec. 1997</b>
<b>R2200</b>	Semi-Recumbent Fitness Bike	<b>Nov./Dec. 1996</b>
<b>R2200</b>	Semi-Recumbent Fitness Bike	<b>Sept./Oct. 1995</b>



### ShapeYou.com, November 2010 “Top Gear of the Year”

**X30**  
“The **X30** combines high-quality components and a smooth, natural motion to deliver an exceptional workout experience...the footpads and elongated 20” stride length produce a comfortable stride that mimics a natural walking or running motion. The **X30** comes standard with large cushioned footpads for better foot positioning and multi-position dual action arms so you can find your perfect workout position.”



### Fitness Professor Review, November 2010 “Head of the Class” / X6200 Premier

“With folding pedal arms, multi-position grips, plus preset and HRC programming, the Vision **X6200P** is our Head of the Class winner for Best Elliptical Under \$2000.”



### Leading Consumer Magazine, February 2010 “Best Buy”

**X20**  
“The **X20** is an incredible value. Its 20-inch stride length, 23-lb. flywheel and high gear ratio give this model the fluid feel of elliptical machines that cost \$500 more.”

## smooth

Don't pay for gimmicks or features you'll never use. At Vision Fitness, we add features specifically to help you achieve your goals. We offer long pedal arms and pivoting footplates for a natural and fluid stride. Our dual-action arms are designed to keep you in a proper upright position and provide smooth upper-body movement. We pioneered the friction-free magnetic resistance system with no wearing parts for maximum performance and durability.

Combine this system with our optimally-weighted flywheel, and you get the smoothest resistance mechanism available. When the resistance level is changed on the console (even in the middle of a workout), the transitions are smooth, gradual, and fluid.



Friction-free magnetic resistance and large Poly-V belts make our ellipticals exceptionally smooth and quiet.

## quiet

Many people read a magazine or watch TV while working out on a piece of home fitness equipment. They may work out in the early morning or late evening and do not want to disturb others. Knowing this, Vision Fitness developed our Quiet-Glide™ drive technology to ensure an extra-quiet workout. The large Poly-V belts on our elliptical trainers give them a competitive advantage.

The larger surface area puts less tension on the belt, producing less noise and resulting in a longer lifespan of not only the belt but the entire drive system.

## comfortable

We focus on high-quality comfort features to keep your focus where it needs to be—on your goals. Because the footpads on our new **X20** and **X30** ellipticals are so close together, they allow you to truly replicate a natural walking or running motion. Our flatter ellipse motion also produces a more comfortable stride. The stationary handlebars feature contoured heart rate grips for easy checks of your heart rate.



Unique, comfortable and contoured heart rate grips (found on the **X20** and **X30**)

To top it off, the **X30** and **X6200** come standard with large cushioned footpads for better foot positioning. All of these features, combined with our elongated stride length, make our elliptical trainers more comfortable than competitively-priced trainers.

get exactly what you want.

Vision Fitness configured our elliptical trainer frames so that they can be matched with any of our three console options. Simply choose the console that meets your needs, and add it to the frame that offers what you want. The result is the perfect elliptical for you!

X30



1 choose your console

Key features found on all Vision Fitness® home elliptical consoles:

- quick start button allows you to simply press and go
- resistance level, RPM, time, distance, heart rate, calories, and watts readouts
- integrated reading rack
- program profile display illustrates the resistance level and how much of the workout is complete
- easy-to-read LCD screen
- preset programs

SIMPLE	DELUXE	PREMIER
		
<ul style="list-style-type: none"> <li>• LCD screen</li> <li>• 7 programs</li> <li>• easy operation</li> <li>• 16 levels of resistance</li> <li>• contact heart rate</li> </ul>	<ul style="list-style-type: none"> <li>• blue backlit LCD screen</li> <li>• 8 programs</li> <li>• scrolling message bar</li> <li>• 20 levels of resistance</li> <li>• telemetric &amp; contact heart rate</li> </ul>	<ul style="list-style-type: none"> <li>• advanced full-color LCD screen</li> <li>• 4 background scenes &amp; 10 personal photos with slideshow</li> <li>• 22 programs, including acclaimed SPRINT 8® workout</li> <li>• USB port for easy workout tracking</li> <li>• telemetric &amp; contact heart rate</li> <li>• DVD-compatible A/V ports</li> </ul>

## 2 select your frame

Key features found on all Vision Fitness® home elliptical frames:

- front transport wheels allow easy movement
- wide poly-v belts create less friction, resulting in a longer drive system lifespan
- roomy footpads give plenty of space for a safe and comfortable workout
- properly-weighted flywheel provides smooth and consistent resistance
- handlebars come with contact heart rate sensors

### X20



- ECB magnetic brake
- 23-lb. balanced flywheel
- standard footpads
- long 20-inch stride
- 2-year parts/electronics warranty

### X30



- ECB magnetic brake
- 23-lb. balanced flywheel
- oversized cushioned footpads
- long 20-inch stride
- 3-year parts/electronics warranty
- multi-position dual-action arms

### X6200



- ECB-Plus™ magnetic brake
- 24-lb. balanced flywheel
- oversized cushioned footpads
- long 19.75-inch stride
- home & corporate warranties
- multi-position dual-action arms
- patented folding feature

## 3 the perfect elliptical trainer for you



## big results in little time

Fit in a workout anytime with our SPRINT 8® program, medically proven to give you the best 20-minute workout possible. This unique program, found exclusively on Vision Fitness® products, was developed with Phil Campbell, MS, MA, and author of *Ready, Set, Go! Synergy Fitness*. Mr. Campbell is an expert in the field of anaerobic exercise, which has been cited by numerous medical publications as the cure for the “middle-age spread” or the energy decline, weight-gain, loss of muscle, and wrinkled skin we experience after age 30.



Learn more about the body-fat-cutting, muscle-toning, anti-aging benefits of SPRINT 8 at [www.visionfitness.com](http://www.visionfitness.com).



feature	premier	deluxe	simple
<b>console and programs</b>	advanced full-color LCD screen, 6 user log-in profiles, 4 background scenes & 10 personal photos with slideshow, 8 classic programs (including SPRINT 8®), 5 custom programs, 3 HRT® programs, 3 goal programs, 5K, 10K, 15K Places-to-Go	blue backlit LCD screen, SPRINT 8®, manual, intervals, fat burn, mountain, random, watts, target heart rate	LCD screen, manual, muscle toner, intervals, fat burn, incline, rolling hills, mountain
<b>console feedback</b>	speed, distance, time, resistance, heart rate, calories, RPM, % heart rate	speed, distance, time, resistance, heart rate, calories, RPM, % heart rate	watts, distance, time, heart rate, calories, RPM, program, level
<b>heart rate</b>	contact & telemetric	contact & telemetric	contact
<b>extras</b>	DVD-compatible A/V ports, USB port for easy workout tracking, training calendar, telemetric HR strap, integrated reading rack	telemetric HR strap, integrated reading rack	integrated reading rack
<b>program levels</b>	20	20	16

\* Refer to [www.visionfitness.com](http://www.visionfitness.com) for complete Warranty details. All product specifications are subject to change.



feature	X6200	X30	X20
<b>resistance system</b>	ECB-PLUS™ motor-operated permanent magnet	ECB motor-operated permanent magnet	ECB motor-operated permanent magnet
<b>drive system</b>	QUIET-GLIDE™ supersilent poly-v belt	supersilent poly-v belt	supersilent poly-v belt
<b>flywheel</b>	24 lbs. balanced	23 lbs. balanced	23 lbs. balanced
<b>pedals</b>	oversized cushioned footpads	oversized cushioned footpads	standard footpads
<b>stride length</b>	19-3/4"	20"	20"
<b>power</b>	plug-in	plug-in	plug-in
<b>home warranty*</b>	lifetime frame lifetime magnetic brake 3 years electronics/parts 1 year labor	lifetime frame lifetime magnetic brake 3 years electronics/parts 1 year labor	lifetime frame lifetime magnetic brake 2 years electronics/parts 1 year labor
<b>limited corporate warranty*</b>	up to 3 hours of use a day 1 year frame 1 year magnetic brake 1 year electronics/parts 1 year labor	none	none
<b>dimensions</b>	79"L x 27"W x 69"H	73.5"L x 30"W x 66.5"H	73.5"L x 30"W x 64"H
<b>folded dimensions</b>	42"L x 27"W x 69"H	n/a	n/a
<b>product weight</b>	199 lbs.	191 lbs.	188 lbs.
<b>max. user weight</b>	300 lbs.	300 lbs.	300 lbs.
<b>upgrades from previous model</b>	UPGRADES FROM X30 folding pedal arms, ECB-PLUS™ magnetic resistance, heavier flywheel, corporate warranty	UPGRADES FROM X20 accessory tray, oversized cushioned footpads, multi-grip handlebars, warranty	

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